

LITANY OF THE WAY, PRAYER FOR THE JOURNEY

As Jesus sought the quiet of the desert, teach us to pray. As Jesus washed the feet of his disciples, teach us to love. As Jesus promised paradise to the thief on the cross, teach us to hope. As Jesus called Peter to walk to him across the water, teach us to believe. As the child Jesus sat among the elders in the temple, teach us to seek answers. As Jesus in the garden opened his mind and heart to God's will, teach us to listen. As Jesus reflected on the Law and the prophets, teach us to learn. As Jesus used parables to reveal the mysteries of the Kingdom, teach us to teach.

Serenity Prayer

O God, grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference; living one day at a time, enjoying one moment at a time; accepting hardships as the pathway to peace; taking, as He did, the sinful world as it is, not as I would have it; trusting that He will make all things right if I surrender to His will; that I may be reasonably happy in this life, and supremely happy with Him forever.

Learning Christ

Teach me, O Lord, to be sweet and gentle in all the events of life: in disappointments, in the thoughtlessness of others, in the insincerity of those I trusted, in the unfaithfulness of those on whom I relied. Let me put myself aside to think of the happiness of others, to hide my little pains and heartaches so that I may be the only one to suffer from them. Teach me to profit by the suffering that comes across my path. Let me so use it that it may mellow me, not harden nor embitter me; that it may make me patient, not irritable; that it may make me broad in my forgiveness, not narrow, haughty and overbearing. May no one be less good for having come within my influence; no one less pure, less true, less kind, less noble for having been a fellow-traveler in our journey toward eternal life. As I go my rounds from one distraction to another, let me whisper, from time to time, a word of love to Thee. May my life be lived in the supernatural, full of power for good, and strong in its purpose of sanctity. Amen

Prayer for Help to Keep Fighting

Preserve me, I beg You, O most merciful God, from the cares of this life, that I may not get too entangled by them; from the many necessities of the body, that I may not get trapped by pleasures, and all the things that will weigh down my soul, less being overcome by troubles I be cast down. O my God, who is unspeakable sweetness, turn into bitterness for me all the comforts of the flesh which withdraws me from the love of things that are eternal, and wickedly pulls me into itself, by putting before me a certain present delightful good, that will only last a little while. Oh Lord, do not let flesh and blood have its victory with me, let it not overcome me; Let not the world and its temporary glory deceive me. Give me fortitude that I may stand my ground; patience that I may endure, and a lot of endurance that I may persevere. Amen.